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# Thank you for your continued support

Allies for Autism
Phone: 403-288-5723
Website: www.alliesforautism.com
Like us on Facebook

# 13th Annual Allies for Autism Run and Walk



# FOUNDATION

# Register online and collect donations at:

www.alliesforautism.com
10 km run / 5 km walk / 1.5 km walk

Information sharing

To benefit individuals with Autism

Sunday, September 16, 2011

Registration starts at 10:00 AM

AL AZHAR SHRINE CENTRE

5225 101 Street N.W. Calgary, AB

For more information call:

403-288-5723



# **Run information**

# **Autism Weekend**

#### What is Autism?

It is estimated that over 50,000 Canadians suffer from autism or other related disorders. Autism is a developmental disability characterized by impairment in sociability, verbal and non-verbal communication and a person's repertoire of interests and activities. Autism is the third most common developmental disability and is more prevalent than Down Syndrome.

## Autism Community Weekend

The second annual Autism Community Network celebration of the autism community in Calgary and area will be held on Saturday September 15th from 9:30-3:30 at Calgary Quest School, 3405 Spruce Drive SW.

Come out to participate in fun activities such as Sportball, bouncy castles, music therapy, play and respite areas and meet the people providing services in Calgary. Lunch will be served from 12 to 1 PM. Presentations and interactive discussions will take place in the afternoon. Registration for the event will be available through Eventbrite at:

#### http://www.autism2012.eventbrite.ca.

Registration is not mandatory but is appreciated to allow for an estimate of numbers attending the lunch. The Autism Community Network is also presenting awards for the autism community, nomination forms and other information are posted on:

http://www.autismcalgary.com/acn/.

Check throughout the summer for updates.

# 1.5 km Fun walk:

This is a fun walk around the grounds of the ALAZHAR temple that is suitable for families with very small children. Plenty of scenery and horses to see.

#### 5 Km Walk Information:

This is a recreational walk that utilizes the city pathway system along both sides of the bow river adjacent to Bowness Park. It originates and ends at the AL AHZAR temple. The terrain is flat and is suitable for any fitness level.

## 10 km Run Information:

This run has something for everyone. It begins at the AL AHZAR temple and follows a scenic path through Bowness Park and Baker Park. The terrain is mostly flat and follows bike paths as well as hiking rails. This is a great run for both competitive and recreation all runners alike.



## Entry Fee Includes:

Fun Run and or walk, Food, T-Shirt, entertainment and the chance to win prizes!

## Registration Fee:

\$35 for 10km run per person \$25 for 5km walk per person \$50 all inclusive family (2 t-shirts max per family)

#### Race Prizes:

Top Male / Female 10km Top Male / Female 5km Top Pledge Prize Random Draw prizes

#### Schedule:

10:00 AM - Registration 11:00 AM - Start Time 12:00 PM - BBQ 1:00 PM - Award Ceremony

## Participation Grant

AFA provides grants to autism service providers who have charity status and bring participants to the run each year. Please select one group below that you would

<ul> <li>Renfrew Educational Services</li> </ul>
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- C Janus Academy Society
- C Providence Child Development Centre
- C Autism Calgary Association
- C Ability Society
- C Autism Aspergers Friendship Society
- O Behavior Therapy Learning Centre / Autism Partnership
- C Children's Link Society
- C Lead Foundation
- C New Heights Early Learning Service
- C Society for the Treatment of Autism
- C Allies for Autism Foundation
- C Calgary Quest Society
- C Third Academy Society
- C Other:

## Registration Form:

10 km - \$35

1.5km or 5km - \$25

Family - \$50

\*\*Family registrations only: A separate entry form for each family member must be completed for each walker/runner and stapled together. (limit 2 T-shirts per family)

Extra T-shirts available @ \$10 each

In consideration of the acceptance of this entry form in the

"Allies for Autism Run" ("Event")

For myself, my heirs, executors and assign, hereby release Allies for Autism and its successors, employees, officers, directors and agents, as well as any other persons or organizations assisting in the event (all of theforegoing) being collectively referred as the ("Released parties"), from any and all claims, demands, causes of action or damages whatsoever arising out of or resulting from any loss, injury or damage to any person or property that I may howsoever sustain or incur in connection with my participation in the Event or any activity necessarily incidental thereto, notwithstanding that such loss, damage or injury may be caused by, without limitation, the negligence of all or any of the Released Parties. I further acknowledge, that there are risks inherent in the activities to be under taken in the Event and that my participation could result in physical injury. I further acknowledge, however, that I am in the proper physical condition to participate in the Event.

Jate:			

Signature

(Parent's signature if under the age of 18)

# Pledge Form Make Cheques payable to: Allies for Autism Foundation

Street

Amount Verified:

your support is much appreciated! Tax